

Level 2 Diploma in Health and Social Care (Mandatory units)

Title	Level	Credits	Guided Learning Hours
Introduction to communication in health, social care or children's and young people's settings	Level 2	3	23
Introduction to equality and inclusion in health, social care or children's and young people's settings	Level 2	2	20
Introduction to personal development in health, social care or children's and young people's settings	Level 2	3	23
Introduction to duty of care in health, social care or children's and young people's settings	Level 2	1	9
Principles of safeguarding and protection in health and social care	Level 2	3	26
The role of the health and social care worker	Level 2	2	14
Implement person centred approaches in health and social care	Level 2	5	33
Contribute to health and safety in health and social care	Level 2	4	33
Handle information in health and social care settings	Level 2	1	10

Group G1 (Pathway 1 – General)

Title	Level	Credits	Guided Learning Hours
Principles of supporting an individual to maintain personal hygiene	Level 2	1	10
Purpose and principles of Independent Advocacy	Level 3	4	25
Understand mental well-being and mental health promotion	Level 3	3	14
Understand mental health problems	Level 3	3	14
Dementia Awareness	Level 2	2	17
The person centred approach to the care and support of individuals with dementia	Level 2	2	17
Understand equality, diversity and inclusion in dementia care	Level 2	2	20
Understand the administration of medication to individuals with dementia using a person centred approach	Level 3	2	15
Understand the role of communication and interactions with individuals who have dementia	Level 3	3	26
Understand the diversity of individuals with dementia and the importance of inclusion	Level 3	3	23
Understand the factors that can influence communication and interaction with individuals who have dementia	Level 2	2	18
Introduction to personalisation in social care	Level 3	3	22
The principles of Infection Prevention and Control	Level 2	3	30
Causes and Spread of Infection	Level 2	2	20
Cleaning, Decontamination and Waste Management	Level 2	2	20
Understand the context of supporting individuals with learning disabilities	Level 2	4	35
Principles of supporting individuals with a learning disability to access healthcare	Level 2	3	23

Introductory awareness of Autistic Spectrum Conditions	Level 2	2	17
Principles of supporting young people with a disability to make the transition into adulthood	Level 3	3	30
Principles of self-directed support	Level 3	3	26
Principles of positive risk taking for individuals with disabilities	Level 2	2	20
Principles of supporting individuals with a learning disability regarding sexuality and sexual health	Level 3	3	21
Understand Physical Disability	Level 2	2	19
Understand the impact of Acquired Brain Injury on individuals	Level 2	3	25
Introductory awareness of sensory loss	Level 2	2	16
Introductory awareness of models of disability	Level 2	2	15
Understand how to support individuals to be part of a community	Level 2	3	16
Understand how to work in end of life care	Level 2	3	28
Understand how to support individuals during the last days of life	Level 3	3	28
End of life and dementia care	Level 3	2	20
Understand the Benefits of Engaging in Activities in Social Care	Level 2	2	16
Understand the Effects of Ageing in Activity Provision	Level 3	2	17
Understanding and Enabling Assisting and Moving Individuals	Level 2	4	28
Stroke Awareness	Level 2	3	28

Group G2 (Pathway 1 – General)

Title	Level	Credits	Guided Learning Hours
Administer medication to individuals, and monitor the effects	Level 3	5	30
Understand and implement a person centred approach to the care and support of individuals with dementia	Level 2	3	21
Equality, diversity and inclusion in dementia care practice	Level 2	3	24
Approaches to enable rights and choices for individuals with dementia whilst minimising risks	Level 2	3	25
Understand and meet the nutritional requirements of individuals with dementia	Level 3	3	26
Enable rights and choices of individuals with dementia whilst minimising risks	Level 3	4	26
Understand and enable interaction and communication with individuals who have dementia	Level 3	4	30
Equality, diversity and inclusion in dementia care practice	Level 3	4	31
Understand and enable interaction and communication with individuals with dementia	Level 2	3	19
Provide support for mobility	Level 2	2	14
Contribute to monitoring the health of individuals affected by health conditions	Level 2	2	18
Support individuals to carry out their own health care procedures	Level 2	2	15
Support participation in learning and development activities	Level 2	3	23
Support independence in the tasks of daily living	Level 2	5	33
Provide support for journeys	Level 2	2	17

Provide support for leisure activities	Level 2	3	20
Support individuals to access and use information about services and facilities	Level 2	3	20
Support individuals who are distressed	Level 2	3	21
Support care plan activities	Level 2	2	13
Support individuals to eat and drink	Level 2	2	15
Support individuals to meet personal care needs	Level 2	2	16
Support individuals to manage continence	Level 2	3	19
Provide agreed support for foot care	Level 2	3	23
Gain access to the homes of individuals, deal with emergencies and ensure security on departure	Level 2	2	14
Contribute to the care of a deceased person	Level 2	3	24
Contribute to supporting group care activities	Level 2	3	23
Undertake agreed pressure area care	Level 2	4	30
Support individuals undergoing healthcare activities	Level 2	3	22
Obtain and test capillary blood samples	Level 3	4	30
Obtain and test specimens from individuals	Level 2	2	12
Move and position individuals in accordance with their plan of care	Level 2	4	26
Meet food safety requirements when providing food and drink for individuals	Level 2	2	15
Provide support for sleep	Level 2	2	13
Contribute to support of positive risk-taking for individuals	Level 2	3	27
Support individuals in their relationships	Level 3	4	27
Facilitate person centred assessment, planning, implementation and review	Level 3	6	45
Support individuals to live at home	Level 3	4	25
Support Individuals With Specific Communication Needs	Level 3	5	35
Support individuals who are bereaved	Level 3	4	30
Work in partnership with families to support individuals	Level 3	4	27
Promote positive behaviour	Level 3	6	44
Support use of medication in social care settings	Level 3	5	40
Support individuals at the end of life	Level 3	7	53
Prepare environments and resources for use during healthcare activities	Level 2	3	20
Provide support for therapy sessions	Level 2	2	14
Provide support to manage pain and discomfort	Level 2	2	15
Prepare for and carry out extended feeding techniques	Level 3	4	27
Support person-centred thinking and planning	Level 2	5	34
Support individuals to maintain personal hygiene	Level 2	2	17
Contribute to supporting individuals with a learning disability to access healthcare	Level 2	3	27
Support young people with a disability to make the transition into adulthood	Level 3	5	40
Support parents with disabilities	Level 3	6	43
Provide active support	Level 2	3	27
Support individuals with self-directed support	Level 3	5	35
Work with other professionals and agencies to support individuals with a physical disability	Level 2	3	21

Support families of individuals with Acquired Brain Injury	Level 2	3	24
Support effective communication with individuals with a sensory loss	Level 2	3	23
Contribute to the support of individuals with multiple conditions and/or disabilities	Level 2	3	25
Contribute to supporting individuals in the use of assistive technology	Level 2	3	19
Support individuals to negotiate environments	Level 2	4	32
Working as part of a team in health and social care or children and young people's settings	Level 2	2	17
Contribute to the support of infection prevention and control in social care	Level 2	3	21
Understand the factors affecting older people	Level 3	2	17
Understand how to provide support when working in end of life care	Level 3	4	33
Managing symptoms in end of life care	Level 3	3	22
Understand Advance Care Planning	Level 3	3	25
Support the spiritual wellbeing of individuals	Level 3	3	26
Supporting individuals with loss and grief before death	Level 3	2	15
Support individuals during the last days of life	Level 4	5	33

Group D1 (Pathway 2 – Dementia)

Title	Level	Credits	Guided Learning Hours
Dementia Awareness	Level 2	2	17

Group D2 (Pathway 2 – Dementia)

Title	Level	Credits	Guided Learning Hours
Understand and implement a person centred approach to the care and support of individuals with dementia	Level 2	3	21
Equality, diversity and inclusion in dementia care practice	Level 2	3	24
Approaches to enable rights and choices for individuals with dementia whilst minimising risks	Level 2	3	25
Understand and enable interaction and communication with individuals with dementia	Level 2	3	19

Group D3 (Pathway 2 – Dementia)

Title	Level	Credits	Guided Learning Hours
Principles of supporting an individual to maintain personal hygiene	Level 2	1	10

Purpose and principles of Independent Advocacy	Level 3	4	25
Understand mental well-being and mental health promotion	Level 3	3	14
Understand mental health problems	Level 3	3	14
The person centred approach to the care and support of individuals with dementia	Level 2	2	17
Understand equality, diversity and inclusion in dementia care	Level 2	2	20
Understand the administration of medication to individuals with dementia using a person centred approach	Level 3	2	15
Understand the role of communication and interactions with individuals who have dementia	Level 3	3	26
Understand the diversity of individuals with dementia and the importance of inclusion	Level 3	3	23
Understand the factors that can influence communication and interaction with individuals who have dementia	Level 2	2	18
Introduction to personalisation in social care	Level 3	3	22
The principles of Infection Prevention and Control	Level 2	3	30
Causes and Spread of Infection	Level 2	2	20
Cleaning, Decontamination and Waste Management	Level 2	2	20
Understand the context of supporting individuals with learning disabilities	Level 2	4	35
Principles of supporting individuals with a learning disability to access healthcare	Level 2	3	23
Introductory awareness of Autistic Spectrum Conditions	Level 2	2	17
Principles of supporting young people with a disability to make the transition into adulthood	Level 3	3	30
Principles of self-directed support	Level 3	3	26
Principles of positive risk taking for individuals with disabilities	Level 2	2	20
Principles of supporting individuals with a learning disability regarding sexuality and sexual health	Level 3	3	21
Understand Physical Disability	Level 2	2	19
Understand the impact of Acquired Brain Injury on individuals	Level 2	3	25
Introductory awareness of sensory loss	Level 2	2	16
Introductory awareness of models of disability	Level 2	2	15
Understand how to support individuals to be part of a community	Level 2	3	16
Understand how to work in end of life care	Level 2	3	28
Understand how to support individuals during the last days of life	Level 3	3	28
End of life and dementia care	Level 3	2	20
Understand the Benefits of Engaging in Activities in Social Care	Level 2	2	16
Understand the Effects of Ageing in Activity Provision	Level 3	2	17
Understanding and Enabling Assisting and Moving Individuals	Level 2	4	28
Stroke Awareness	Level 2	3	28

Group D4 (Pathway 2 – Dementia)

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Administer medication to individuals, and monitor the effects	Level 3	5	30
Understand and meet the nutritional requirements of individuals with dementia	Level 3	3	26
Enable rights and choices of individuals with dementia whilst minimising risks	Level 3	4	26
Understand and enable interaction and communication with individuals who have dementia	Level 3	4	30
Equality, diversity and inclusion in dementia care practice	Level 3	4	31
Provide support for mobility	Level 2	2	14
Contribute to monitoring the health of individuals affected by health conditions	Level 2	2	18
Support individuals to carry out their own health care procedures	Level 2	2	15
Support participation in learning and development activities	Level 2	3	23
Support independence in the tasks of daily living	Level 2	5	33
Provide support for journeys	Level 2	2	17
Provide support for leisure activities	Level 2	3	20
Support individuals to access and use information about services and facilities	Level 2	3	20
Support individuals who are distressed	Level 2	3	21
Support care plan activities	Level 2	2	13
Support individuals to eat and drink	Level 2	2	15
Support individuals to meet personal care needs	Level 2	2	16
Support individuals to manage continence	Level 2	3	19
Provide agreed support for foot care	Level 2	3	23
Gain access to the homes of individuals, deal with emergencies and ensure security on departure	Level 2	2	14
Contribute to the care of a deceased person	Level 2	3	24
Contribute to supporting group care activities	Level 2	3	23
Undertake agreed pressure area care	Level 2	4	30
Support individuals undergoing healthcare activities	Level 2	3	22
Obtain and test capillary blood samples	Level 3	4	30
Obtain and test specimens from individuals	Level 2	2	12
Move and position individuals in accordance with their plan of care	Level 2	4	26
Provide support for sleep	Level 2	2	13
Contribute to support of positive risk-taking for individuals	Level 2	3	27
Support individuals in their relationships	Level 3	4	27
Facilitate person centred assessment, planning, implementation and review	Level 3	6	45
Support individuals to live at home	Level 3	4	25
Support Individuals With Specific Communication Needs	Level 3	5	35
Support individuals who are bereaved	Level 3	4	30
Work in partnership with families to support individuals	Level 3	4	27
Promote positive behaviour	Level 3	6	44
Support use of medication in social care settings	Level 3	5	40
Support individuals at the end of life	Level 3	7	53
Prepare environments and resources for use during healthcare	Level 2	3	20

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Provide support for therapy sessions	Level 2	2	14
Administer medication to individuals, and monitor the effects	Level 3	5	30
Understand and meet the nutritional requirements of individuals with dementia	Level 3	3	26
Enable rights and choices of individuals with dementia whilst minimising risks	Level 3	4	26
Understand and enable interaction and communication with individuals who have dementia	Level 3	4	30
Equality, diversity and inclusion in dementia care practice	Level 3	4	31
Provide support for mobility	Level 2	2	14
Contribute to monitoring the health of individuals affected by health conditions	Level 2	2	18
Support individuals to carry out their own health care procedures	Level 2	2	15
Support participation in learning and development activities	Level 2	3	23
Support independence in the tasks of daily living	Level 2	5	33
Provide support for journeys	Level 2	2	17
Provide support for leisure activities	Level 2	3	20
Support individuals to access and use information about services and facilities	Level 2	3	20
Support individuals who are distressed	Level 2	3	21
Support care plan activities	Level 2	2	13
Support individuals to eat and drink	Level 2	2	15
Support individuals to meet personal care needs	Level 2	2	16
Support individuals to manage continence	Level 2	3	19
Provide agreed support for foot care	Level 2	3	23
Gain access to the homes of individuals, deal with emergencies and ensure security on departure	Level 2	2	14
Contribute to the care of a deceased person	Level 2	3	24
Contribute to supporting group care activities	Level 2	3	23
Undertake agreed pressure area care	Level 2	4	30
Support individuals undergoing healthcare activities	Level 2	3	22
Obtain and test capillary blood samples	Level 3	4	30
Obtain and test specimens from individuals	Level 2	2	12
Move and position individuals in accordance with their plan of care	Level 2	4	26
Provide support for sleep	Level 2	2	13
Contribute to support of positive risk-taking for individuals	Level 2	3	27
Support individuals in their relationships	Level 3	4	27
Facilitate person centred assessment, planning, implementation and review	Level 3	6	45
Support individuals to live at home	Level 3	4	25
Support Individuals With Specific Communication Needs	Level 3	5	35
Support individuals who are bereaved	Level 3	4	30
Work in partnership with families to support individuals	Level 3	4	27

Promote positive behaviour	Level 3	6	44
Support use of medication in social care settings	Level 3	5	40
Support individuals at the end of life	Level 3	7	53
Prepare environments and resources for use during healthcare activities	Level 2	3	20
Provide support for therapy sessions	Level 2	2	14

Title	Level	Credits	Guided Learning Hours
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Provide support to manage pain and discomfort	Level 2	2	15
Prepare for and carry out extended feeding techniques	Level 3	4	27
Support person-centred thinking and planning	Level 2	5	34
Support individuals to maintain personal hygiene	Level 2	2	17
Contribute to supporting individuals with a learning disability to access healthcare	Level 2	3	27
Support young people with a disability to make the transition into adulthood	Level 3	5	40
Support parents with disabilities	Level 3	6	43
Provide active support	Level 2	3	27
Support individuals with self-directed support	Level 3	5	35
Work with other professionals and agencies to support individuals with a physical disability	Level 2	3	21
Support families of individuals with Acquired Brain Injury	Level 2	3	24
Support effective communication with individuals with a sensory loss	Level 2	3	23
Contribute to the support of individuals with multiple conditions and/or disabilities	Level 2	3	25
Contribute to supporting individuals in the use of assistive technology	Level 2	3	19
Support individuals to negotiate environments	Level 2	4	32
Working as part of a team in health and social care or children and young people's settings	Level 2	2	17
Contribute to the support of infection prevention and control in social care	Level 2	3	21
Understand the factors affecting older people	Level 3	2	17
Understand how to provide support when working in end of life care	Level 3	4	33
Managing symptoms in end of life care	Level 3	3	22
Understand Advance Care Planning	Level 3	3	25
Support the spiritual wellbeing of individuals	Level 3	3	26
Supporting individuals with loss and grief before death	Level 3	2	15
Support individuals during the last days of life	Level 4	5	33

Group L1 (Pathway 3 – Learning Disabilities)

Title	Level	Credits	Guided Learning Hours
Understand the context of supporting individuals with learning disabilities	Level 2	4	35

Group L2 (Pathway 3 – Learning Disabilities)

Title	Level	Credits	Guided Learning Hours
Support person-centred thinking and planning	Level 2	5	34

Provide active support Level 2 3 27

Group L3 (Pathway 3 – Learning disabilities)

Title	Level	Credits	Guided Learning Hours
Principles of supporting an individual to maintain personal hygiene	Level 2	1	10
Purpose and principles of Independent Advocacy	Level 3	4	25
Understand mental well-being and mental health promotion	Level 3	3	14
Understand mental health problems	Level 3	3	14
Dementia Awareness	Level 2	2	17
The person centred approach to the care and support of individuals with dementia	Level 2	2	17
Understand equality, diversity and inclusion in dementia care	Level 2	2	20
Understand the administration of medication to individuals with dementia using a person centred approach	Level 3	2	15
Understand the role of communication and interactions with individuals who have dementia	Level 3	3	26
Understand the diversity of individuals with dementia and the importance of inclusion	Level 3	3	23
Understand the factors that can influence communication and interaction with individuals who have dementia	Level 2	2	18
Introduction to personalisation in social care	Level 3	3	22
The principles of Infection Prevention and Control	Level 2	3	30
Causes and Spread of Infection	Level 2	2	20
Cleaning, Decontamination and Waste Management	Level 2	2	20
Understand the context of supporting individuals with learning disabilities	Level 2	4	35
Principles of supporting individuals with a learning disability to access healthcare	Level 2	3	23
Introductory awareness of Autistic Spectrum Conditions	Level 2	2	17
Principles of supporting young people with a disability to make the transition into adulthood	Level 3	3	30
Principles of self-directed support	Level 3	3	26
Principles of positive risk taking for individuals with disabilities	Level 2	2	20
Principles of supporting individuals with a learning disability regarding sexuality and sexual health	Level 3	3	21
Understand Physical Disability	Level 2	2	19
Understand the impact of Acquired Brain Injury on individuals	Level 2	3	25
Introductory awareness of sensory loss	Level 2	2	16
Introductory awareness of models of disability	Level 2	2	15
Understand how to support individuals to be part of a community	Level 2	3	16
Understand how to work in end of life care	Level 2	3	28
Understand how to support individuals during the last days of life	Level 3	3	28
End of life and dementia care	Level 3	2	20

Understand the Benefits of Engaging in Activities in Social Care	Level 2	2	16
Understand the Effects of Ageing in Activity Provision	Level 3	2	17
Understanding and Enabling Assisting and Moving Individuals	Level 2	4	28
Stroke Awareness	Level 2	3	28

Group L4 (Pathway 3 – Learning Disabilities)

Title	Level	Credits	Guided Learning Hours
Administer medication to individuals, and monitor the effects	Level 3	5	30
Understand and implement a person centred approach to the care and support of individuals with dementia	Level 2	3	21
Equality, diversity and inclusion in dementia care practice	Level 2	3	24
Approaches to enable rights and choices for individuals with dementia whilst minimising risks	Level 2	3	25
Understand and meet the nutritional requirements of individuals with dementia	Level 3	3	26
Enable rights and choices of individuals with dementia whilst minimising risks	Level 3	4	26
Understand and enable interaction and communication with individuals who have dementia	Level 3	4	30
Equality, diversity and inclusion in dementia care practice	Level 3	4	31
Understand and enable interaction and communication with individuals with dementia	Level 2	3	19
Provide support for mobility	Level 2	2	14
Contribute to monitoring the health of individuals affected by health conditions	Level 2	2	18
Support individuals to carry out their own health care procedures	Level 2	2	15
Support participation in learning and development activities	Level 2	3	23
Support independence in the tasks of daily living	Level 2	5	33
Provide support for journeys	Level 2	2	17
Provide support for leisure activities	Level 2	3	20
Support individuals to access and use information about services and facilities	Level 2	3	20
Support individuals who are distressed	Level 2	3	21
Support care plan activities	Level 2	2	13
Support individuals to eat and drink	Level 2	2	15
Support individuals to meet personal care needs	Level 2	2	16
Support individuals to manage continence	Level 2	3	19
Provide agreed support for foot care	Level 2	3	23
Gain access to the homes of individuals, deal with emergencies and ensure security on departure	Level 2	2	14
Contribute to the care of a deceased person	Level 2	3	24
Contribute to supporting group care activities	Level 2	3	23
Undertake agreed pressure area care	Level 2	4	30

Support individuals undergoing healthcare activities	Level 2	3	22
Obtain and test capillary blood samples	Level 3	4	30
Obtain and test specimens from individuals	Level 2	2	12
Move and position individuals in accordance with their plan of care	Level 2	4	26
Meet food safety requirements when providing food and drink for individuals	Level 2	2	15
Provide support for sleep	Level 2	2	13
Contribute to support of positive risk-taking for individuals	Level 2	3	27
Support individuals in their relationships	Level 3	4	27
Facilitate person centred assessment, planning, implementation and review	Level 3	6	45
Support individuals to live at home	Level 3	4	25
Support Individuals With Specific Communication Needs	Level 3	5	35
Support individuals who are bereaved	Level 3	4	30
Work in partnership with families to support individuals	Level 3	4	27
Promote positive behaviour	Level 3	6	44
Support use of medication in social care settings	Level 3	5	40
Support individuals at the end of life	Level 3	7	53
Prepare environments and resources for use during healthcare activities	Level 2	3	20
Provide support for therapy sessions	Level 2	2	14
Provide support to manage pain and discomfort	Level 2	2	15
Prepare for and carry out extended feeding techniques	Level 3	4	27
Support individuals to maintain personal hygiene	Level 2	2	17
Contribute to supporting individuals with a learning disability to access healthcare	Level 2	3	27
Support young people with a disability to make the transition into adulthood	Level 3	5	40
Support parents with disabilities	Level 3	6	43
Support individuals with self-directed support	Level 3	5	35
Work with other professionals and agencies to support individuals with a physical disability	Level 2	3	21
Support families of individuals with Acquired Brain Injury	Level 2	3	24
Support effective communication with individuals with a sensory loss	Level 2	3	23
Contribute to the support of individuals with multiple conditions and/or disabilities	Level 2	3	25
Contribute to supporting individuals in the use of assistive technology	Level 2	3	19
Support individuals to negotiate environments	Level 2	4	32
Working as part of a team in health and social care or children and young people's settings	Level 2	2	17
Contribute to the support of infection prevention and control in social care	Level 2	3	21
Understand the factors affecting older people	Level 3	2	17
Understand how to provide support when working in end of life care	Level 3	4	33
Managing symptoms in end of life care	Level 3	3	22
Understand Advance Care Planning	Level 3	3	25
Support the spiritual wellbeing of individuals	Level 3	3	26

Supporting individuals with loss and grief before death	Level 3	2	15
Support individuals during the last days of life	Level 4	5	33
